OSHA 10 HOUR SAFETY TRAINING

Instructor: Brent Gere, CHST, Qualified OSHA Outreach Trainer Construction

Associated Builders and Contractors, Inc.
Florida First Coast Chapter

What:
OSHA 10 Hour Safety Training

When:
March 15 3:30 to 5:30 p.m. **and**
March 16 8:00 to 4:00 p.m.

Where:
Associated Builders & Contractors
707 Peninsular Place
Jacksonville, FL 32204

Cost:
Members $149.00
Non-Members $199.00

Register at:
www.abcfirstcoast.com
Or call (904) 731-1506

When you train alongside **industry pros** and your peers, you earn more than the OSHA 10 card…you earn ***know-how*** to **do your job better** ...and *more safely*.

Join us for 10 hours of OSHA training covering workplace safety topics such as:

* fall protection
* hazard communication
* floor and wall opening
* material handling
* welding
* electrical standards
* review of general standards
* personal protective equipment
* hand and power tools
* scaffolding / ladders
* excavating / trenching
* concrete
* motor vehicle
* fire protection / prevention
* introduction to OSHA standard

This course, taught by an authorized OSHA Trainer, is designed for construction workers, foremen, job supervisors, and anyone involved in the construction industry.

Each participant will receive a Certificate of Completion for OSHA 10 Hour Training, and a Department of Labor OSHA 10 Hour Card upon successful completion of the course.

ABC Registration Form *OSHA 10-Hour Safety Training Course* No Shows WILL Be Billed.

Company Name: _____ **Contact Name:** _____

Participant(s): _____ **Phone Number:** _____

_____ **Email:** _____

Method of Payment:

☐ Visa
☐ MasterCard
☐ American Express
☐ Bill Me (members only)
☐ Check

Email: _____

Credit Card #: _____

Exp. Date: _____ **Billing zip:** _____ **Billing Street #:** _____